

THE BENEFITS OF TRAVELING



Warm up

1. Do you like traveling?

2. Have you ever traveled abroad? Where have you been?

3. What are your top three travel destinations? and why do you want to visit these places?

Listening

1. Write down the 5 benefits mentioned in [the video](#).



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Vocabulary

A. Match the verbs with the their meanings.

go through (e)	a. to escape responsibility for something:
deal with (b)	b. to develop a way to manage or relate to someone or something:
get out of (a)	c. start being involved in an activity:
get into (c)	d. to manage
handle (d)	e. to experience something, esp. something unpleasant or difficult:

B. Complete the sentences with the corresponding verb. Some verbs can change their form.

1. Things can go wrong when you travel. Have you ever _____ a terrible travel experience?
2. How do you _____ language barrier when traveling to a foreign country?
3. What are some strategies to _____ a travel booking without incurring heavy cancellation fees?
4. How can you _____ different cultures while traveling and have meaningful interactions with local people?
5. What do you do to _____ the stress of packing and preparing for a trip?

Student's version (intermediate level)

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Writing

1. Do you agree with the benefits that were mentioned in the video? Why? Why no? What other benefits could you include?
